



# Saint John Francis Regis Parish

8941 James A. Reed Road Kansas City, Missouri 64138 (816) 761-1608

[www.stregischurch.com](http://www.stregischurch.com)

Fr. Emmanuel Lopez, Parochial Vicar

February 11, 2024

## *Come Home to Communion*

### Weekend Masses

*Saturday:* 3:00PM

*Sunday:* 8:30AM, 10:30AM & 5:00PM In Spanish

### Daily Mass

*Tuesday - Friday:* 8:30AM

### Confessions

*Sat:* 2:00PM & *Wed:* 6:00PM

& by appointment

### Eucharistic Adoration

*Wednesday:* 6:00-7:00PM

### **Parish Office Hours: Monday-Thursday 8AM-3PM**

Parish Office	(816) 761-1608
Emergencies	761-1608
School Office	763-5837
Religious Education	761-1608
FAX	966-1350

### **Parish Staff**

Fr. Emmanuel Lopez	Ext. 302
Deacon Ken Albers	
Deacon Richard Gross	
Robin Fisher, Principal	Ext. 312
Diane Banks, Music Ministry	Ext. 303
Roger Cashman, Maintenance	Ext. 307
Luke Donahue, DRE & Faith Formation	Ext. 306
Esmeralda Lopez, Hispanic Ministry	Ext. 303
Colleen Melchior, Office Manager	Ext. 301
Marilyn Moore, School Secretary	Ext. 311
Missionary Sisters Servants of the Word	(816) 500-2057
Diocesan Ombudsman	(816) 812-2500
Victim Advocate	(816) 392-0011

### **Parish Council**

Deacon Ken Albers	Geri Haile
Mike Apprill	Fr. Emmanuel Lopez
Abraham Benavides	Frankline Musongwe
Glen Ernstmann	Deanna Perry
Robin Fisher	Randy Seever
Grace Givens	John Wood



## 6<sup>TH</sup> SUNDAY IN ORDINARY TIME

He said to him, "See that you tell no one anything, but go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them." The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly. - Mk 1:44-45b

### ASH WEDNESDAY MASSES

Please join us for Mass on **Ash Wednesday, February 14th**, as we begin the holy season of Lent. All Masses will include the distribution of ashes. Mass times are as follows:

8:30am (with St. Regis Academy)  
 6:00pm/English  
 7:30pm/Spanish

**Please Note: Adoration on & Confessions on Ash Wednesday are cancelled.**

### SIGN UP FOR ASH WEDNESDAY MASS

Greeters, Lectors, Communion Ministers, Servers, Sacristan and a Mass Coordinator are invited to sign up for the 6:00pm Mass on **February 14**, Ash Wednesday. Please sign up in the Gathering Space.

### LENT: FAST & ABSTINENCE

The following guidelines are provided by the Diocese: Ash Wednesday and Good Friday are days of **Fast and Abstinence** and all the Fridays of Lent are days of Abstinence. Abstinence is from meat by Catholics 14 years and older. Fasting is by all Catholics 18 years of age but not yet 59. Those bound by this rule may take one full meal. Two smaller meals are permitted as necessary to maintain strength according to one's needs, but eating solid food between meals is not permitted.

### STATIONS OF THE CROSS

Please join us for Stations of the Cross this **Friday, February 16, at 4:30pm** in the Church. This is a great way to journey with Jesus during the season of Lent.

## Parish Support January 29-February 4, 2024

<u>Contribution Income</u>	<u>Amount</u>
Weekly Offertory	\$ 6,252
Plate	\$ 652
Online Giving	\$ 3,824
<b>Total</b>	<b>\$ 10,728</b>

### THOUGHTS FROM FR. EMMANUEL

Friends,

St. Regis Lent begins with a mission. It is that time of the year in which we are invited to share what we have received in terms of faith. There are going to be baskets with crosses and info-cards about ways to be a part of St. Regis. Please take them to the people around you and invite them to participate in our community celebrating our faith in Jesus. Become a missionary of the love of our Lord and go and make disciples.

Also, please join us for Lenten talks with our deacons on Wednesdays after the 6:00 pm Adoration on Feb 28, March 6, 13 & 20.

Pray with us the Stations of the Cross at 4:30 in the church on all Fridays of Lent and join us after the Stations for the Shrimp Boil in the Parish Hall.

Join us for the celebration of Masses on Ash Wednesday February 14, at 8:30 am, 6:00 pm and 7:30 pm (Spanish).

Finally remember that Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence (no meat). For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

In Christ,

Fr Emmanuel Lopez

### FEED YOUR FAITH

We always have a great dinner at **Feed Your Faith** and everyone is welcome to join us. We dish up in the Parish Hall at 5:30 p.m., pray *Devotions to the Sacred Heart of Jesus* at 6:00, then we will begin watching our next **Pivotal Player**, *St. Catherine of Siena, The Mystic*. St. Catherine exemplified the power of a life lived in relationship with Jesus. Her love for Christ was a love that cast out all fear and transformed her into a living expression of Him, and through her influence the Papacy returned from France to Rome. Join us for dinner tomorrow night, February 12, or send an e-mail to [conniemarie-wood@yahoo.com](mailto:conniemarie-wood@yahoo.com) to request an e-vite to participate from home.



**SECOND COLLECTION**

The **Catholic Charities Emergency Assistance Fund** Second Collection will take place the weekend of **February 17<sup>th</sup> and 18<sup>th</sup>**. The fund opens an opportunity to serve families and individuals and provide assistance with primarily rent, mortgage, and utilities. Emergency Assistance provides “breathing space” - allowing them to have the ability to look beyond day-to-day survival and begin planning a pathway out of poverty. You are kindly invited to prayerfully consider donating. There is a special envelope for the collection in your parish contribution envelope package. Every donation makes a crucial difference.

**ANNUAL LENTEN SHRIMP BOIL DINNERS**

Fridays during Lent  
5-7pm in the Parish Hall

Choose from:

- Jumbo Boiled Shrimp - \$12
- Battered Fish Filet - \$12
- 1/2 Shrimp & 1/2 Fish - \$12
- Fish Taco (on corn tortilla) - \$12
- Cheese Pizza (by the slice) \$6
- Family Meal Deal - \$40  
(maximum for immediate families)

Sides include: new potatoes, corn on the cob, coleslaw, roll and hush puppies. Beverages: lemonade, tea, coffee and water. Desserts and soda pop also available for purchase.

**Holy Donuts**

Friday, February 16, 9:00am

**SEMINARIAN SUPPORT**

Visit the St. Serra Club of SEKC, MO Seminarian and Support Vocations Money Raffle display next weekend, **February 17 & 18** after Mass. Learn more about the 18 men in formation for Priesthood for our diocese and select a photo/Info page to take home and pray for him. Also, the Serra members will share about the programs they sponsor to encourage those discerning a religious vocation to serve the Church. Consider participating in the Money Raffle to support these programs with a chance to win \$4000 - 1st prize or \$500 for 2nd & 3rd prize. For more info call Homer Radford, 816-560-2992.

**FOOD COLLECTION**

Next weekend, **February 17 & 18** is our monthly food collection. Your canned goods and other non-perishable food donations help keep the food pantry stocked. We are in need of Tuna Helper, Chicken Helper, canned fruit and syrup. Your donated food items are greatly appreciated. Thanks for your continued support of these ministries.

**TRIVIA NIGHT**

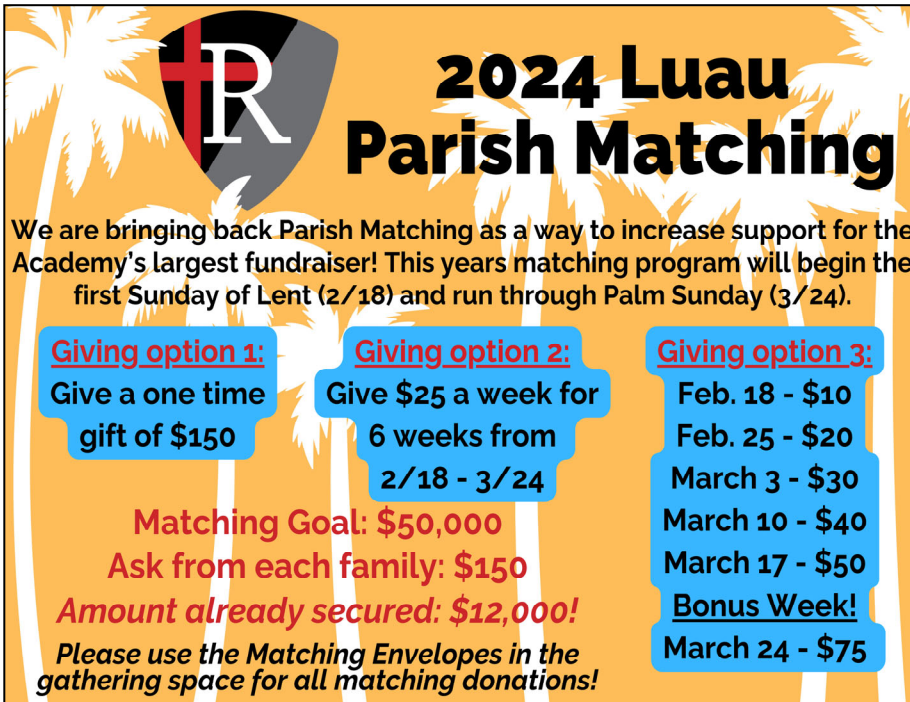
The St. Regis Knights of Columbus Trivia Night has been rescheduled to **Saturday, March 16<sup>th</sup>** in the Parish Hall, from 7:00 p.m. to 10:00 p.m. Reservations will be taken after Masses in the Gathering Space beginning this weekend.

**ANNUAL CATHOLIC APPEAL**

The Diocese has assigned St. Regis a \$21,381 commitment to the Annual Catholic Appeal (ACA). To date we have received pledges in the amount of \$10,887 or 51% of the assessment. We encourage all parishioners to give to the ACA to support both the Diocese and the Parish. Pledge envelopes can be found in the gathering space or you can contact the parish office.

**ST. REGIS ST. PARTICK'S DAY RAFFLE**

Our annual Raffle has begun. All those registered in the parish should have received a letter about the Raffle which included 6 raffle tickets. We ask that you please purchase or sell the tickets enclosed. Your support of the Raffle assists important ministries and projects in our parish and school. If every household in the parish purchases or sells at least 5 tickets, we would be able to reach our goal. The raffle tickets are \$20 each or 6 tickets for \$100 and come with a chance to win many exciting prizes on **Sunday March 17<sup>th</sup>**. Please plan ahead and make a commitment to buy a few tickets and sell some to friends, family and co-workers.



## 2024 Luau Parish Matching

We are bringing back Parish Matching as a way to increase support for the Academy's largest fundraiser! This year's matching program will begin the first Sunday of Lent (2/18) and run through Palm Sunday (3/24).

**Giving option 1:**  
Give a one time gift of \$150

**Giving option 2:**  
Give \$25 a week for 6 weeks from 2/18 - 3/24

**Giving option 3:**  
Feb. 18 - \$10  
Feb. 25 - \$20  
March 3 - \$30  
March 10 - \$40  
March 17 - \$50  
**Bonus Week!**  
March 24 - \$75

**Matching Goal: \$50,000**  
**Ask from each family: \$150**  
**Amount already secured: \$12,000!**

*Please use the Matching Envelopes in the gathering space for all matching donations!*

### SEGUNDA COLECCION

La Segunda Colecta del Fondo de Asistencia de Emergencia de Caridades Católicas se llevará a cabo el fin de semana del 17 y 18 de febrero. El fondo abre una oportunidad para servir a familias e individuos y brindar asistencia principalmente con el alquiler, la hipoteca y los servicios públicos. La Asistencia de Emergencia proporciona un "respiro", lo que les permite tener la capacidad de mirar más allá de la supervivencia diaria y comenzar a planificar un camino para salir de la pobreza. Le invitamos amablemente a considerar en oración la posibilidad de donar. Hay un sobre especial para la colecta en el paquete de sobres de contribución de su parroquia. Cada donación marca una diferencia crucial.



## 2024 St. Regis Luau Emparejamiento parroquial

¡Estamos recuperando el emparejamiento parroquial como una forma de aumentar el apoyo a la Academia! El programa de emparejamiento de este año comenzará el primer domingo de Cuaresma (18/2) y se extenderá hasta el Domingo de Ramos (24/3).

**Dando la opción 1:**  
Haz un regalo único de \$150

**Dando la opción 2:**  
Done \$25 por semana durante 6 semanas desde 2/18 - 3/24

**Dando la opción 3:**  
18 de febrero - \$10  
25 de febrero - \$20  
3 de marzo - \$30  
10 de marzo - \$40  
17 de marzo - \$50  
**¡Semana de bonificación!**  
24 de marzo - \$75

**Meta igualada: \$50,000**  
**Preguntar a cada familia: \$150**  
**Monto ya asegurado: ¡\$12,000!**

*¡Utilice los sobres a juego en el espacio de reunión para todas las donaciones a juego!*

### CUARESMA: AYUNO Y ABSTINENCIA

La Diócesis proporciona las siguientes pautas: El Miércoles de Ceniza y el Viernes Santo son días de ayuno y abstinencia y todos los viernes de Cuaresma son días de **abstinencia**. La abstinencia es de carne por parte de los católicos mayores de 14 años. El ayuno es para todos los católicos de 18 años de edad, pero aún no de 59. Los sujetos a esta regla pueden tomar una comida completa. Se permiten dos comidas más pequeñas según sea necesario para mantener la fuerza de acuerdo con las necesidades de cada uno, pero no se permite comer alimentos sólidos entre comidas.

### RIFA DEL DIA DE SAN PATRICIO DE ST. REGIS

Nuestra rifa anual ha comenzado. Todos los inscritos en la parroquia deberían haber recibido una carta sobre la rifa que incluía 6 boletos de la rifa. Le pedimos que compre o venda los boletos adjuntos. Su apoyo a la rifa ayuda a ministerios y proyectos importantes en nuestra parroquia y escuela. Si cada hogar de la parroquia compra o vende al menos 5 boletos, podríamos alcanzar nuestra meta. Los boletos de la rifa cuestan \$ 20 cada uno o 6 boletos por \$ 100 y vienen con la oportunidad de ganar muchos premios emocionantes el **domingo 17 de marzo**. Planifique con anticipación y comprométase a comprar algunos boletos y vender algunos a amigos, familiares y compañeros de trabajo.

## PENSAMIENTOS DEL P. EMMANUEL

Amigos,

La Cuaresma de St. Regis comienza con una misión. Es esa época del año en la que se nos invita a compartir lo que hemos recibido en términos de fe. Habrá canastas con cruces y tarjetas informativas sobre las formas de ser parte de St. Regis. Por favor, llévalos a las personas que te rodean e invítalos a participar en nuestra comunidad celebrando nuestra fe en Jesús. Conviértete en misionero del amor de nuestro Señor y ve y haz discípulos.

Además, únase a nosotros para las charlas de Cuaresma con nuestros diáconos los miércoles después de la adoración de las 6:00 pm el 28 de febrero, 6, 13 y 20 de marzo.

Ore con nosotros el Vía Crucis a las 4:30 en la iglesia todos los viernes de Cuaresma y únase a nosotros después de las Es-taciones para el Hervido de Camarones en el Salón Parroquial.

Acompáñanos en la celebración de las Misas el Miércoles de Ceniza 14 de febrero, a las 8:30 am, 6:00 pm y 7:30 pm (español).

Por último, recuerda que el Miércoles de Ceniza y el Viernes Santo son días obligatorios de ayuno y abstinencia para los católicos. Además, los viernes durante la Cuaresma son días obligatorios de abstinencia (sin carne). Para los miembros de la Iglesia católica latina, las normas sobre el ayuno son obligatorias desde los 18 años hasta los 59 años. Cuando se ayuna, a una persona se le permite comer una comida completa, así como dos comidas más pequeñas que juntas no equivalen a una comida completa. Las normas relativas a la abstinencia de carne son obligatorias para los miembros de la Iglesia católica latina a partir de los 14 años.

En Cristo,

P. Emmanuel López

## RECOGIDA DE ALIMENTOS

El próximo fin de semana, **17 y 18 de febrero**, es nuestra colecta mensual de alimentos. Sus productos enlatados y otras donaciones de alimentos no perecederos ayudan a mantener abastecida la despensa de alimentos. Necesitamos un ayudante de atún, un ayudante de pollo, fruta enlatada y jarabe. Sus alimentos donados son muy apreciados. Gracias por su continuo apoyo a estos ministerios.

## VIA CRUCIS

Únase a nosotros para el Vía Crucis este **viernes 16 de febrero a las 7:00 p.m.** en la Iglesia. Esta es una excelente manera de viajar con Jesús durante la temporada de Cuaresma.

## MISAS DEL MIÉRCOLES DE CENIZA

Únase a nosotros para la Misa el **Miércoles de Ceniza, 14 de febrero**, al comenzar la temporada santa de la Cuaresma. Todas las misas incluirán la distribución de cenizas. Los horarios de las misas son los siguientes:

8:30 a.m. (con St. Regis Academy)

6:00pm/Inglés

7:30pm/Español

**Tenga en cuenta: La Adoración y las Confesiones del Miércoles de Ceniza están canceladas.**

## CENAS ANUALES DE HERVIDO DE CAMARONES DE CUARESMA

Viernes durante la Cuaresma  
5-7pm en el Salón Parroquial

Escoja entre:

- Camarones hervidos gigantes - \$ 12
- Filete de pescado rebozado - \$ 12
- 1/2 Camarones y 1/2 Pescado - \$12
- Taco de pescado (en tortilla de maíz) - \$12
- Pizza de queso (por rebanada) \$6
- Oferta de comida familiar - \$40  
(máximo para familiares directos)

Los acompañamientos incluyen: papas nuevas, mazorcas de maíz, ensalada de col, panecillos y cachorros silenciosos. Bebidas: limonada, té, café y agua. Los postres y los refrescos también están disponibles para su compra.

## Consulado móvil para emisión de pasaportes



Sábado 24 de febrero, de 10:00 a.m. a 5:00 p.m.



Domingo 25 de febrero, de 8:00 a.m. a 12:00 m.



Lugar: Iglesia St. John Francis Regis Parish  
8941 James A Reed Rd, Kansas City, MO 64138



Atención sin cita



Consulado Virtual: 1-888-301-1130



### MENTAL HEALTH TIP

**Work your strengths.** Do something you're good at to build self-confidence, then tackle a tougher task.



*Spiritual Adoption*

Month 6: At 1 1/2 to 2 pounds and 12 inches long, I am twice as big as I was last month. I am sitting up most of the time to accommodate the final movement of all my internal organs. From 26 weeks babies exhibit a whole range of typical baby behavior and moods, including scratching, smiling, crying, hiccupping and sucking. Babies born prematurely at this time have a very good chance of surviving. Please don't forget to pray for my mother and me.

“The values of Christianity are unalterably opposed to the modern secular culture of choice.” Pope John Paul II

### DIOCESAN NEWS

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse: Call the Missouri Child Abuse Hotline at 1-800-392-3738 (if the victim is currently under the age of 18); Contact your local law enforcement agency or call 911, and after reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Joe Crayon, at 816-812-2500 or [crayon@ombudsmankcsj.org](mailto:crayon@ombudsmankcsj.org), if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph. The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Whitney True-Francis, Victim Assistance Coordinator, at 816-392-0011 or [true.francis@diocesekcsj.org](mailto:true.francis@diocesekcsj.org) for more information.

**Please Remember In Your Prayers:** Dennis Wadle, Aidan Jones, Joanne Whitehurse, Denise Kopek, Dolores Dick, McCartney Weist, Teresa Foster, Joseph Gregory, Margaret Kelly, Gregory Richard, Phil Hoffman, John Hoffman, Teefey Family, Hanger Family, Daniel & Jeneth Hunter, John Stadler, Genevieve Thieme, Pat Filley, JR Lillig, John Minton, Ben Rosenblum, Georgiana Smith, Mary Jill Reid, Rosie Murphy, Vickie Young, Lou & Terrie Ramsey, Bobby Washington, Andres Foncha, Tom Fournier, Jim Rouchka, Ken Stewart, Stephanie Eads, Robert Harvey, Rick Martin, Julie Boisen, Kathy Gross, Marek Family, Hodge Family, Sylvia Mooney, Jerry Crowley, Jane Marzano, Kenny Thornton, Michael Sheehan, Nathan Livingston, Mike & Pat Gallagher, Tammy Fayard, Jennifer Buddemeyer & family, Dianne Greene, Phoebe Reiting, Sean Pinkerton, Jerry Anselmo, Jack Deuschle, Mary Hunter, Martha Aquino, John Reyes, Sr., Lupita Sharkey, Yair Arvizu, Ann Kliem, Jane Fournier and the many parishioners who are experiencing situational and financial hardships.

**Please Pray for our parishioners' family members serving in the military:** Tyler Griggs, Buck Roberts, Cathy Roberts & Troy Fraser

### VOLUNTEERS WANTED

We are looking for a group or council to host Name Tag Sunday in May. If your group/council would like to host and have a chance to promote your ministry call Colleen in the parish office.



Please pray for our 17 catechumens preparing to receive the sacraments at Easter. They will be going to the Cathedral downtown this coming Saturday, Feb. 17, where the bishop will receive them into the "Order of the Elect"--marking a more intense stage of their preparation for baptism.

Por favor rezan para nuestros 17 catecúmenos que recibirán los sacramentos en la Pascua. El próximo sábado irán a la catedral donde el Obispo los recibirá en el "Orden de los Elegidos"--marcando una etapa más intensa en sus preparaciones por el bautismo.

# Liturgical Roles

## February 17 & 18

### Lectors

- 3:00pm Tom Sack & Patty Sack
- 8:30am Dianne Schmidt & Katie Radford
- 10:30am Kathy Morehouse & Frankline Musongwe

### Extraordinary Ministers of Holy Communion

- 3:00pm Alex Pope & Dorothy Quinn
- 8:30am Jane Marzano & Pat Hanson
- 10:30am Teresa Mahnke & Yajaira Miranda

### Servers

- 3:00pm Jonathan Rose
- 8:30am Sam Loulos
- 10:30am Rowyn Crawford, Cesar Zarate, Malyk Musongwe  
Makayla Musongwe & Maliya Musongwe

### Greeters

- 3:00pm Mary Ann Warren & Marvin Chaney
- 8:30am Joan Sack & Maxine Rodriguez
- 10:30am Elaine Allee & Alfred DeSouza

# Mass Intentions

### Tuesday, February 13

- 8:30am For the Intentions of Jeanne Hoefert  
by Rick & Terri Martin
- 7:00pm †John Kelly

### Wednesday, February 14

- 8:30am For the Intentions of Siobhan Nichols  
by Rick & Terri Martin
- 6:00pm †Gerald Kelly
- 7:30pm People of St. John Francis Regis Parish

### Thursday, February 15

For the Intentions of Marci Wendle  
by Rick & Terri Martin

### Friday, February 16

†Ismael Valente Miranda

### Saturday, February 17

- 3:00pm †Doris Martin by Rick & Terri Martin

### Sunday, February 18

- 8:30am †Betty Ulschak by Pat Hanson
- 10:30am †Fr. John Schuele
- 12:30pm People of St. John Francis Regis Parish

### Sunday, February 11

- 8:00am Retreat/Sp
- 8:30am Mass
- 10:30am Mass
- 12:30pm Mass/Spanish

### Monday, February 12

- 5:30pm Feed You Faith
- 6:30pm Bible Class/Sp
- 7:00pm Bible Class/Eng
- 7:00pm Social Service Ministry Council

### Tuesday, February 13

- 8:30am Mass
- 9:30am Faith Enrichment
- 6:00pm Bible Class/Eng
- 6:30pm Rosary
- 7:00pm Neo. Way
- 7:00pm Mass/Spanish
- 7:30pm Bible Class/Sp

### Wednesday, February 14—Ash Wednesday

- 8:30am Mass
- 6:00pm Mass/Eng
- 7:00pm Knights of Columbus
- 7:30pm Mass/Sp

### Thursday, February 15

- 8:30am Mass
- 9:30am Scripture Sharing
- 6:00pm Bible Class/Sp
- 6:00pm Bible Class/Eng
- 6:00pm Choir Rehearsal
- 6:00pm RCIA
- 6:00pm 1st Reconciliation
- 7:00pm Boy Scouts

### Friday, February 16

- 8:30am Mass
- 9:30am Holy Donuts
- 4:30pm Stations of the Cross/Eng
- 5:00pm Shrimp Boil
- 6:00pm Bible Class/Sp
- 6:00pm Choir Rehearsal/Sp
- 6:00pm Worship Council
- 7:00pm Stations of the Cross/Sp
- No School

### Saturday, February 17

- 6:15am That Man Is You
- 2:00pm Confessions
- 3:00pm Mass
- Food Collection

### Sunday, February 18

- 8:30am Mass
- 10:00am Retreat/Sp
- 10:30am Mass
- 12:30pm Mass/Spanish
- Food Collection

S  
c  
h  
e  
d  
u  
l  
e  
o  
f  
E  
v  
e  
n  
t  
s

## BULLETIN DEADLINE

The deadline to put announcements in the bulletin is 8am on Tuesday prior to the following Sunday. Send announcements to [cmelchior@regischurch.org](mailto:cmelchior@regischurch.org)