



# Saint John Francis Regis Parish

8941 James A. Reed Road Kansas City, Missouri 64138 (816) 761-1608

[www.stregischurch.com](http://www.stregischurch.com)

Fr. Emmanuel Lopez, Parochial Vicar

May 5, 2024

## *Come Home to Communion*

### Weekend Masses

*Saturday:* 3:00PM

*Sunday:* 8:30AM, 10:30AM & 5:00PM In Spanish

### Daily Mass

*Tuesday - Friday:* 8:30AM

*Tuesday - 7:00PM In Spanish*

### Confessions

*Sat:* 2:00PM & *Wed:* 6:00PM

& by appointment

### Eucharistic Adoration

*Wednesday:* 6:00-7:00PM

### **Parish Office Hours: Monday-Thursday 8AM-3PM**

Parish Office (816) 761-1608

Emergencies 761-1608

School Office 763-5837

Religious Education 761-1608

FAX 966-1350

### **Parish Staff**

Fr. Emmanuel Lopez Ext. 302

Deacon Ken Albers

Deacon Richard Gross

Robin Fisher, Principal Ext. 312

Diane Banks, Music Ministry Ext. 303

Roger Cashman, Maintenance Ext. 307

Luke Donahue, DRE & Faith Formation Ext. 306

Esmeralda Lopez, Hispanic Ministry Ext. 303

Colleen Melchior, Office Manager Ext. 301

Marilyn Moore, School Secretary Ext. 311

Eric Stice, Business Manager Ext. 304

Missionary Sisters Servants of the Word (816) 500-2057

Diocesan Ombudsman (816) 812-2500

Victim Advocate (816) 392-0011

### **Parish Council**

Deacon Ken Albers Geri Haile

Mike Apprill Fr. Emmanuel Lopez

Abraham Benavides Frankline Musongwe

Glen Ernstmann Deanna Perry

Robin Fisher Randy Seever



## 6<sup>TH</sup> SUNDAY OF EASTER

"It was not you who chose me, but I who chose you and appointed you to go and bear fruit that will remain, so that whatever you ask the Father in my name he may give you. This I command you: love one another." - Jn 15:16-17

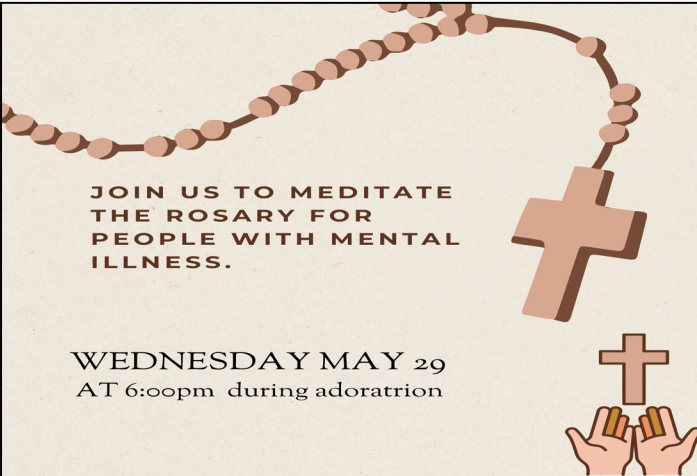


# MOTHER'S DAY

We will have a special Mother's Day display with the names of both living and deceased mothers. If you would like to have the name of a mother included, please be sure to place their name on the Mother's Day envelope included in your packet and make a contribution in their honor. You may place your envelope in the regular collection basket or bring it to the office no later than **Wednesday, May 8**. This a wonderful is way to recognize the special gift of our mothers.

## NAME TAG SUNDAY

This Sunday, **May 5** the Altar Linen Committee will host "Name Tag Sunday." To help parishioners with fellowship. Mass attendees will be asked to wear name tags. Refreshments will be served after all the Masses. Please stop and meet the Altar Linen Committee members after Mass and learn about their ministry. If your group/council would like to volunteer please call the Parish Office, 816-761-1608.



JOIN US TO MEDITATE  
THE ROSARY FOR  
PEOPLE WITH MENTAL  
ILLNESS.

WEDNESDAY MAY 29  
AT 6:00pm during adoration

## Parish Support April 12-28, 2024

<u>Contribution Income</u>	<u>Amount</u>
Weekly Offertory	\$ 5,396
Plate	\$ 1,319
Online Giving	\$ 1,993
<b>Total</b>	<b>\$ 8,708</b>

## THOUGHTS FROM FR. EMMANUEL

Friends, the theme on the Eucharist for this month is the effects of Holy Communion. The first and principal effect of the Holy Eucharist is union with Christ by love, which union as such, does not consist in the sacramental reception of the Host, but in the spiritual and mystical union with Jesus by the theological virtue of love. Christ Himself designated the idea of Communion as a union love: "He that eats my flesh, and drinks my blood, abides in me, and I in him" (John 6:57). St. Cyril of Alexandria (Hom. in Joan., IV, xvii) beautifully represents this mystical union as the fusion of our being into that of the God/man, as "when melted wax is fused with other wax".

A second fruit of this union with Christ by love is an increase of sanctifying grace in the soul of the worthy communicant.

Together with the increase of sanctifying grace there is associated another effect, namely, a certain spiritual relish or delight of soul (delectatio spiritualis). Just as food and drink delight and refresh the heart of man, so does this "Heavenly Bread containing within itself all sweetness" produce in the soul of the devout communicant ineffable bliss, which, however, is not to be confounded with an emotional joy of the soul or with sensible sweetness.

Though Holy Communion does not per se remit mortal sin, it has nevertheless the third effect of "blotting out venial sin and preserving the soul from mortal sin" (Council of Trent, Sess. XIII, cap. ii). The Holy Eucharist is not merely a food, but a medicine as well. The destruction of venial sin and of all affection to it, is readily understood on the basis of the two central ideas mentioned above. Just as material food banishes minor bodily weaknesses and preserves man's physical strength from being impaired, so does this food of our souls remove our lesser spiritual ailments and preserve us from spiritual death.

As a last effect we may mention that the Eucharist is the "pledge of our glorious resurrection and eternal happiness" (Council of Trent, Sess. XIII, cap. ii), according to the promise of Christ: "He that eats my flesh and drinks my blood, has everlasting life: and I will raise him up on the last day."

Let's try our best to live a Eucharistic life with the effects of this glorious sacrament so to build the kingdom of heaven here on earth.

Remember to join us for the Mother's Day Celebration next Saturday, May 11 at 8:30 am, beginning with mass in the Church then breakfast in the Parish Hall.

In Christ,  
Fr Emmanuel Lopez

## THINKING OF BECOMING CATHOLIC?

We are hosting "inquiry" sessions on Thursday evenings at 7pm or Friday evenings at 6:30pm for those who might have an interest in becoming catholic. This is an opportunity to ask questions and find out about the Catholic faith and learn the process. Call Glen Ernstmann for more details, 816-204-7267.

### FEED YOUR FAITH

The last Session of the USCCB video series, **Jesus and the Eucharist**, is tomorrow night, May 6<sup>th</sup>, in the Parish Hall. Join us either on-line, or for dinner at 5:30 p.m., pray the *Devotion to the Sacred Heart of Jesus* with us at 6:00, then watch Session 7, *Bread for the Journey*, at 6:15. Like the manna that sustained the Israelites, our bread from Heaven - the Eucharist, sustains us on our journey to the Promise Land - Heaven. The Eucharist empowers us to go tell everyone the Good News of His love – the love that humbles Itself daily to dwell within us in the form of bread.

Instead of meeting as usual in the Parish Hall for dinner next week, Feed Your Faith will participate in the Marian Consecration being held in the Church. Even if you have not read *33 Days to Morning Glory* everyone is still invited to the Mass and Consecration ceremony to consecrate yourself to Our Lady, who will help us conform our hearts to the Sacred Heart of Jesus.

### THANK YOU

As a result of our recent “Baby Shower” we have gathered 1646 wipes, 813 diapers, 69 pieces of baby clothing, 12 blankets & bibs and several other useful and appreciated baby items in addition to monetary donations. Your generosity is overwhelming! These items are distributed to Birthright, Resource Health and Catholic Charities for their Empowering Mom’s program. You are giving, we are grateful.

—Knights of Columbus Council 13671 Ladies Auxiliary

### WOMEN’S RETREAT & WORKSHOP

**Sunday, May 19** at 9:30am in the Parish Hall. The cost is \$20. Food will be provided. The retreat is open to all women.

Jenna Mayo will be our speaker. Jenna is a mom of 3 daughters, wife, Catholic Speaker, Professional Coach, triathlete and avid skier. Jenna leads from the stage empowering and emboldening individuals to find their path forward guided by their Catholic faith. Her Mission is to “teach others how to live the life they dream and not the one they are told they have to live.

Details and registration available in the Gathering Space. Contact Diane Pacheco, Connie Wood or Mary Warren with any questions.



### MARIAN CONSECRATION

Those who have been reading *33 Days to Morning Glory* mark **May 13th** on your calendar. St. Regis parish will make our Consecration to Jesus through Mary in the church at 6:30pm.





# Academy Corner

**There are only 2 weeks left in the 2023-2024 school year!**

**You are invited to join us for any of these fun end-of-the-year activities!**

**Thursday, May 9** - 8th Grade

Graduation at 6 pm in the Church

**Tuesday, May 14** - Pre-K & Kinder

Graduation at 6:30 in the Parish Hall

**Thursday, May 16** - House Olympics

from 11:30 - 3 all around the school

**Friday, May 17** - Awards Ceremony & Talent Show from 10-12 beginning in the church



**Great times were had at The Last Luau!**



CONGRATS!

Our 8th Graders will graduate on Thursday, May 9th. We congratulate the Class of 2024!

- Allison Benavides
- Ian Carranza Minton
- Syler Cornley
- Elijah Curtis
- Andrew Dawn
- Madeline Ferguson
- Rita Godoy

- Veronica Hallam
- Myles Paul
- Mia Saenz
- Gabriel Seals
- Ellyson Smith
- Paul Solis
- Jaelin Vazquez Rosales

Brooke Ward

**ACOMPAÑENOS A  
MEDITAR EL ROSARIO  
POR LAS PERSONAS CON  
SALUD MENTAL**

El Miercoles 29 de Mayo  
6:00pm durante la adoracion.

## PENSAMIENTOS DEL P. EMMANUEL

Amigos, el tema de la Eucaristía para este mes son los efectos de la Sagrada Comunión. El primer y principal efecto de la Sagrada Eucaristía es la unión con Cristo por el amor, la cual, como tal, no consiste en la recepción sacramental de la Hostia, sino en la unión espiritual y mística con Jesús por la virtud teológica del amor. Cristo mismo designó la idea de la Comunión como un amor de unión: "El que come mi carne y bebe mi sangre, permanece en mí, y yo en él" (Juan 6:57). San Cirilo de Alejandría (Hom. in Joan., IV, xvii) representa bellamente esta unión mística como la fusión de nuestro ser en el de Dios/hombre, como "cuando la cera derretida se funde con otra cera".

Un segundo fruto de esta unión con Cristo por amor es un aumento de la gracia santificante en el alma del comulgante digno.

Junto con el aumento de la gracia santificante se asocia otro efecto, a saber, un cierto deleite espiritual o deleite del alma (delectatio spiritualis). Así como la comida y la bebida deleitan y refrescan el corazón del hombre, así también este "Pan celestial que contiene en sí mismo toda dulzura" produce en el alma del devoto comulgante una bienaventuranza inefable, que, sin embargo, no debe confundirse con un gozo emocional del alma o con una dulzura sensible.

Aunque la Santa Comunión no remite per se el pecado mortal, tiene, sin embargo, el tercer efecto de "borrar el pecado venial y preservar el alma del pecado mortal" (Concilio de Trento, Sess. XIII, cap. ii). La Sagrada Eucaristía no es simplemente un alimento, sino también una medicina. La destrucción del pecado venial y de todo afecto hacia él, se comprende fácilmente sobre la base de las dos ideas centrales mencionadas anteriormente. Así como el alimento material destierra las debilidades corporales menores y preserva la fuerza física del hombre de ser deteriorada, así también este alimento de nuestras almas elimina nuestras dolencias espirituales menores y nos preserva de la muerte espiritual.

Como último efecto podemos mencionar que la Eucaristía es la "prenda de nuestra gloriosa resurrección y felicidad eterna" (Concilio de Trento, Sess. XIII, cap. II), según la promesa de Cristo: "El que come mi carne y bebe mi sangre, tiene vida eterna, y yo lo resucitaré en el último día".

Hagamos todo lo posible para vivir una vida eucarística con los efectos de este glorioso sacramento para construir el reino de los cielos aquí en la tierra.

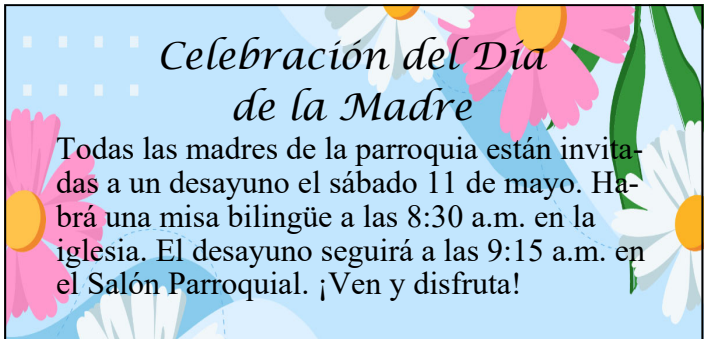
Recuerde unirse a nosotros para la celebración del Día de la Madre el próximo sábado 11 de mayo a las 8:30 am, comenzando con la misa en la Iglesia y luego el desayuno en el Salón Parroquial.

En Cristo,

P. Emmanuel López

## DIA DE LA MADRE

Tendremos una exhibición especial del Día de la Madre con los nombres de las madres vivas y fallecidas. Si desea que se incluya el nombre de una madre, asegúrese de colocar su nombre en el sobre del Día de la Madre incluido en su paquete y haga una contribución en su honor. Puede colocar su sobre en la canasta de recolección regular o traerlo a la oficina a más tardar **el miércoles 8 de mayo**. Esta es una forma maravillosa de reconocer el don especial de nuestras madres.



*Celebración del Día de la Madre*

Todas las madres de la parroquia están invitadas a un desayuno el sábado 11 de mayo. Habrá una misa bilingüe a las 8:30 a.m. en la iglesia. El desayuno seguirá a las 9:15 a.m. en el Salón Parroquial. ¡Ven y disfruta!



Ven a celebrar

## Día de St. Regis

Sábado, 15 de junio, 8:30am-11:30am

Comida, Música, Juegos  
¡Bingo, Cake Walk y más!

- El Obispo James Johnston bendecirá el Museo de la Biblia a las 9 de la mañana
- Caballeros de Colón servirá desayuno a las 9:30 a.m
- Los juegos y otras actividades comienzan a las 10 a.m.

Estamos aceptando donaciones de platos desechable, servilletas, utensilios de plástico, vasos, botellas medianas miel, cazuelas de desayuno, etc. Llame a la Oficina Parroquial si puede donar alguno de estos artículos, 816-761-1608.

También estamos buscando voluntarios para trabajar el día del evento. Por favor, llame a la Oficina Parroquial para ser voluntario.



**ARE YOU "DRIVEN" BY THE MISSION?**

The Little Sisters of the Poor - Jeanne Jugan Center has an open position for a driver to assist the Collecting Sister.

**APPLY ONLINE OR IN PERSON**

Part-time with benefits, approx. 30 hours per week; will drive Home's van and Collecting Sister to collect/load donations and unload at Home

Contact Kim Lesage for more details : [hrkc@littlesistersofthepoor.org](mailto:hrkc@littlesistersofthepoor.org)

[www.littlesistersofthepoorkansascity.org](http://www.littlesistersofthepoorkansascity.org) 816-761-4744

8745 James A. Reed Rd, Kansas City, MO 64138

**MENTAL HEALTH TIP**

**Go ahead and yawn.** Studies suggest that yawning helps cool the brain and improves alertness and mental efficiency.

**DIOCESAN NEWS**

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse: Call the Missouri Child Abuse Hotline at 1-800-392-3738 (if the victim is currently under the age of 18); Contact your local law enforcement agency or call 911, and after reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Joe Crayon, at 816-812-2500 or [crayon@ombudsmankcsj.org](mailto:crayon@ombudsmankcsj.org), if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph. The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Whitney True-Francis, Victim Assistance Coordinator, at 816-392-0011 or [true.francis@diocesekcsj.org](mailto:true.francis@diocesekcsj.org) for more information.

**CATHOLIC CHALLENGE SPORTS**

Catholic Challenge Sports (CCS) will be hosting a coed young adult soccer league this summer (June and July) at Swope Soccer Village. Young adults aged 18-40 looking to grow in their faith and community are invited to sign up. Games will be played on Saturday mornings. Registration can be made using the QR code below or by going to <https://campscui.active.com/orgs/CatholicChallengeSports?season=3475143>

Contact us at [CCS@kansascityonahill.org](mailto:CCS@kansascityonahill.org) with any questions.

**DEPORTES DE DESAFIO CATOLICO**

Deportes de Desafio Catolico organiza una liga mixta de fútbol para adultos jóvenes este verano (junio y julio) en Swope Soccer Village. Se invita a inscribirse a los jóvenes de entre 18 y 40 años que desean crecer en su fe y en su comunidad. Los partidos se jugarán los sábados por la mañana. Los participantes podrán inscribirse de forma individual o en parejas. La inscripción se puede realizar utilizando el código QR a continuación o visitando <https://campscui.active.com/orgs/CatholicChallengeSports?season=3475143>

Contáctenos en [CCS@kansascityonahill.org](mailto:CCS@kansascityonahill.org) si tiene alguna pregunta.

**Please Remember In Your Prayers:** Aidan Jones, Joanne Whitehorse, Denise Kopek, Dolores Dick, McCartney Weist, Teresa Foster, Joseph Gregory, Margaret Kelly, Gregory Richard, Phil Hoffman, John Hoffman, Teefey Family, Hanger Family, Daniel & Jeneth Hunter, John Stadler, Genevieve Thieme, JR Lillig, John Minton, Ben Rosenblum, Georgiana Smith, Mary Jill Reid, Rosie Murphy, Vickie Young, Lou & Terrie Ramsey, Bobby Washington, Andres Foncha, Tom Fournier, Ken Stewart, Stephanie Eads, Robert Harvey, Rick Martin, Julie Boisen, Kathy Gross, Marek Family, Hodge Family, Sylvia Mooney, Jerry Crowley, Jane Marzano, Kenny Thornton, Michael Sheehan, Nathan Livingston, Mike & Pat Gallagher, Tammy Fayard, Jennifer Buddemeyer & family, Dianne Greene, Phoebe Reitinger, Jerry Anselmo, Jack Deuschle, Mary Hunter, Martha Aquino, John Reyes, Sr., Lupita Sharkey, Yair Arvizu, Christopher Rivera, Julie Schneider and the many parishioners who are experiencing situational and financial hardships.

**Please Pray for our parishioners' family members serving in the military:** Tyler Griggs, Buck Roberts, Cathy Roberts & Troy Fraser

## Liturgical Roles

May 11 & 12

### Lectors

- 3:00pm Marvin Chaney & Alex Pope
- 8:30am Katie Radford & Dianne Schmidt
- 10:30am Connie Wood & John Wood

### Extraordinary Ministers of Holy Communion

- 3:00pm Marvin Chaney & Jim Filley
- 8:30am Maxine Rodriguez & Sue Quanty Smith
- 10:30am Diane Pacheco & Dennis Reilly

### Servers

- 3:00pm Ava Rose & Jonathan Rose
- 8:30am Sam Loulos
- 10:30am Tyler Divis, Ginny McGeehan, Maliya Musongwe  
Malyk Musongwe & Makayla Musongwe

### Greeters

- 3:00pm Manuel Botello & Don Wolff
- 8:30am Joan Sack & Carrie Stribling
- 10:30am Ken Glasbrenner & Richard Rademacher

### Mass Coordinator

- 3:00pm Becky Smith
- 8:30am Mary Ernstmann
- 10:30am Frankline Musongwe

## Mass Intentions

### Tuesday, May 7

- 8:30am †Mason Belarde by Family
- 7:00pm †Fr. Gan Nguyen by John & Connie Wood

### Wednesday, May 8

For the Intentions of Sofia Lopez

### Thursday, May 9

For Richard Wood by John & Connie Wood

### Friday, May 10

For Logan England by John & Connie Wood

### Saturday, May 11

- 3:00pm †Pat Filley by Milt Bryant

### Sunday, May 12

- 8:30am People of St. John Francis Regis Church
- 10:30am †David Carrillo by Pat Carrillo
- 5:00pm †Crispin Martinez by Family

## Schedule of Events

### Sunday, May 5

- Name Tag Sunday
- 8:00am Biblical Retreat/Sp
- 8:30am Mass
- 9:30am Knights of Columbus Ladies Auxiliary
- 10:30am Mass
- 5:00pm Mass/Spanish

### Monday, May 6

- 5:30pm Feed Your Faith
- 6:30pm Bible Class/Sp
- 7:00pm Bible Class/Eng
- 7:00pm Choir Rehearsal/Sp
- 7:00pm Stewardship Council

### Tuesday, May 7

- 8:30am Mass
- 9:30am Militia Immaculata
- 6:00pm Bible Class/Eng
- 6:00pm Faith Formation
- 6:30pm Rosary
- 7:00pm Mass/Spanish
- 7:00pm Neo. Way
- 7:30pm Bible Class/Sp

### Wednesday, May 8

- 8:30am Mass
- 6:00pm Adoration/Confessions
- 6:00pm Religious Ed. & Parent Bible Study
- 7:00pm Bible Study/Sp
- 7:00pm Knights of Columbus

### Thursday, May 9

- 8:30am Mass
- 9:30am Scripture Sharing
- 6:00pm Bible Study/Sp
- 6:00pm Bible Study/Eng
- 6:00pm Choir Rehearsal
- 6:00pm RCIA
- 6:00pm Confirmation/Sp
- 6:00pm 8th Grade Graduation

### Friday, May 10

- 8:30am Mass
- 6:00pm Bible Study/Sp

### Saturday, May 11

- 8:30am Women's Breakfast
- 2:00pm Confessions
- 3:00pm Mass

### Sunday, May 12

- Mother's Day
- 8:30am Mass
- 10:30am Mass
- 5:00pm Mass/Spanish

## BULLETIN DEADLINE

The deadline to put announcements in the bulletin is 8am on Tuesday prior to the following Sunday. Send announcements to [cmelchior@regischurch.org](mailto:cmelchior@regischurch.org)