



Saint John Francis Regis Parish

8941 James A. Reed Road Kansas City, Missouri 64138 (816) 761-1608

www.stregischurch.com

Fr. Emmanuel Lopez, Parochial Vicar

January 29, 2023

Weekend Masses

Saturday: 3:00PM

Sunday: 8:30AM, 10:30AM &
5:00PM In Spanish

Daily Mass

Tuesday - Friday: 8:30AM

Confessions

Sat: 2:00PM & *Wed:* 6:00PM
& by appointment

Eucharistic Adoration

Wednesday: 6:00-7:00PM

Parish Office Hours: Monday-Thursday 8AM-3PM

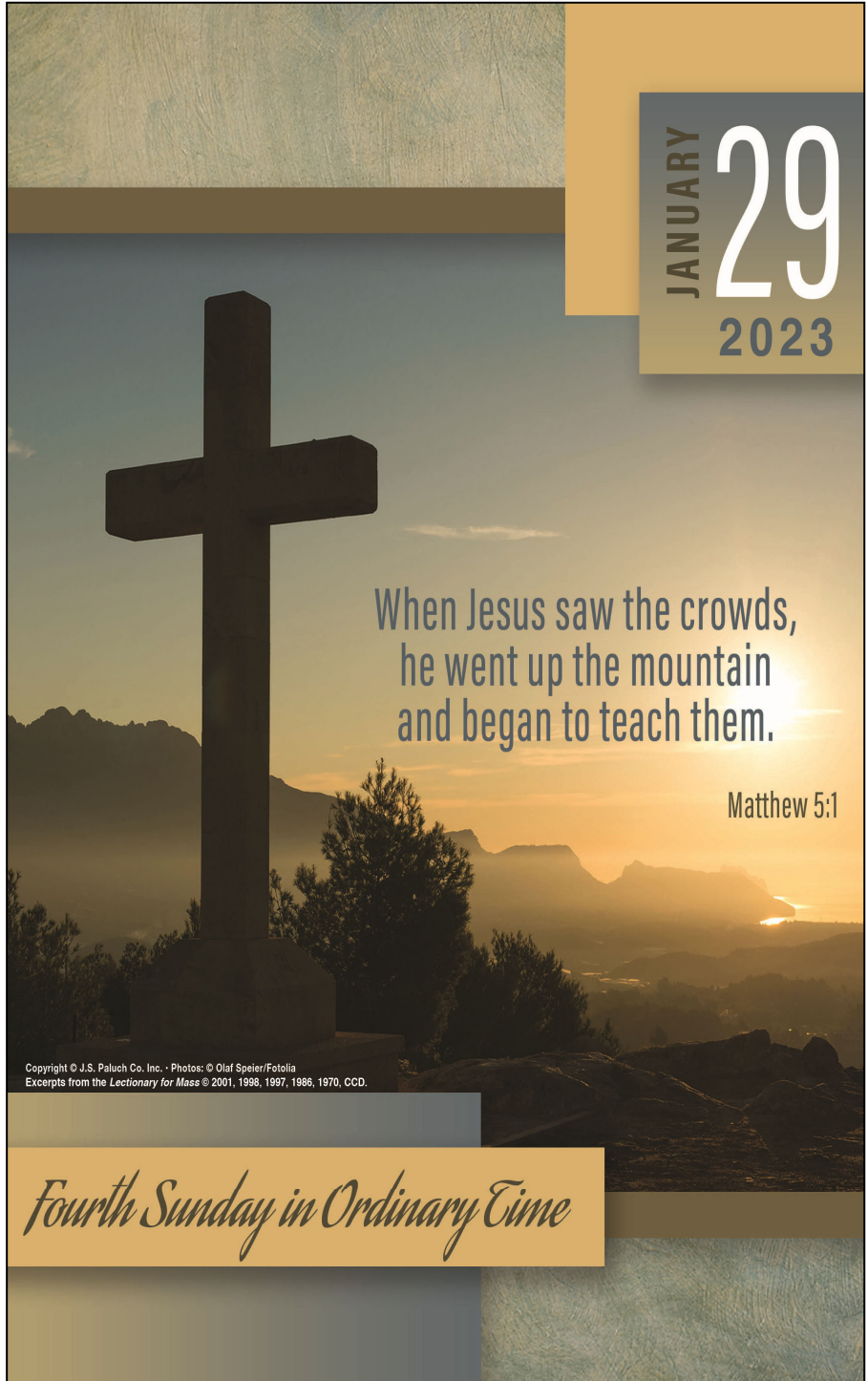
Parish Office	(816) 761-1608
Emergencies	761-1608
School Office	763-5837
Religious Education	761-1608
FAX	966-1350

Parish Staff

Fr. Emmanuel Lopez	Ext. 302
Deacon Samuel Adams	
Deacon Ken Albers	
Deacon Robert Falke	
Robin Fisher, Principal	Ext. 312
Diane Banks, Music Ministry	Ext. 303
Roger Cashman, Maintenance	Ext. 307
Luke Donahue, DRE & Faith Formation	Ext. 306
Esmeralda Lopez, Hispanic Ministry	Ext. 303
Colleen Melchior, Office Manager	Ext. 301
Maeghan Miller, Director of Operations	Ext. 304
Marilyn Moore, School Secretary	Ext. 311
Rachael Serna, Family Life Coordinator	
Diocesan Ombudsman	(816) 812-2500
Victim Advocate	(816) 392-0011

Parish Council

Deanna Perry	Ora Reyes
Frankline Musongwe	Dcn. Robert Falke
Gonzalo Villalobos	Mike Apprill
Robin Fisher	Fr. Emmanuel Lopez



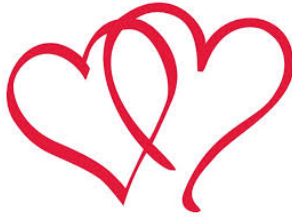
JANUARY
29
2023

When Jesus saw the crowds,
he went up the mountain
and began to teach them.

Matthew 5:1

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Fourth Sunday in Ordinary Time



St. Regis Annual Raffle 2023

One of our biggest
Fundraisers of the year!

Have you sold YOUR tickets yet?

8 cash prizes:
One \$1000 prize
Two \$500 prizes
& Five \$100 prizes

Drawings will be held after the
8:30 m Mass on Tuesday, February 14.

You do not need to be present to win.

ST. REGIS STEWARDSHIP CORNER

In today's Gospel, Jesus begins his Sermon on the Mount with a series of blessings, the Beatitudes. The Beatitudes are a summary of the fundamental attitude of a Christian steward. This speech sets the themes and tone for Christ's public ministry. He calls for a radical change in how we respond to the human condition. Good stewards understand that conversion is a lifelong process and trying to live the Beatitudes is fundamental to this process. Make it a point to reflect on this Gospel reading during the week. Identify the blessing you relate to the most. Which one is the most challenging for you?

En el Evangelio de hoy, Jesús inicia su Sermón de la Montaña con una serie de bendiciones, las Bienaventuranzas. Las Bienaventuranzas son un resumen de la actitud fundamental de un cristiano corresponsable. Este discurso establece los temas y el tono para el ministerio público de Cristo. Él pide un cambio radical en la forma en la que respondemos a la condición humana. Los buenos corresponsables entienden que la conversión es un proceso de toda la vida, y tratar de vivir las Bienaventuranzas es fundamental para este proceso. Enfoque su reflexión en la lectura de este Evangelio durante esta semana. Identifique la bendición con la que más se relaciona. ¿Cuál es la más desafiante para usted?

8th Grade Taco Dinner

Saturday, February 4th
4:30pm in the Parish Hall
\$6 per person & \$25 per family

- ◇ Dinner includes 3 tacos, rice, beans, chips & salsa and a drink
- ◇ Dessert & Pop sold separately for \$1.00



PALMS TO ASHES

Ash Wednesday is **February 22nd**. The ashes we distribute on this day come from old palms. The next few weekends there will be baskets in the Gathering Space for you to place your old palms. If you bring several palms, please fold them up and place in a plastic bag. Thank you for your assistance.

Parish Support

January 16-22 2023

<u>Contribution Income</u>	<u>Amount</u>
Weekly Offertory	\$ 3,352
Plate	\$ 1,516
Online Giving	<u>\$ 2,324</u>
Total	\$ 7,192



Join us for all-you-can-eat pancakes and sausage to kick off Catholic Schools Week!

The cost is \$5 per person, \$25 for immediate family & children 2 and under eat free.

Thank You
Deacon Sam Adams

Join us in thanking Deacon Sam for his service during the past thirteen years.

Saturday, February 4
& Sunday, February 5

Reception in the Gathering Space
following all the Masses.



The St. Regis Knights of Columbus are hosting their annual Trivia Night Contest at St. Regis in the Parish Hall, on **Saturday, February 18, 2023**, from 7 p.m. to 10 p.m. Table reservations (tables of 8 people) are available at \$120.00 per table (\$15.00 per person, admission for singles). We will be taking reservations and table deposits after Masses beginning on January 14-15, continuing through February 11-12. Admission can also be paid at the door. Join us with your team, or come and join a team, for a night of fun and mind-tingling challenge. Light snacks will be provided on tables, and we'll have beer available for a donation, but you may BYOB and other snacks for your table, as well. For information, or to make reservations by phone or email, you may contact Dave Vorbeck, at 816-935-3562, or dvorbeck2254@att.net or Terry Lynch, at 816-966-1828, or tlynch@kc.rr.com.

FEED YOUR FAITH
Tomorrow night, January 30, Feed Your Faith meets in Mary's Room instead of the Parish Hall – just this week. We are watching **Episode 4 of The Chosen**. We are half way through this most exciting TV series, which brings our Lord, the Apostles, and the Gospel stories to life for us. If you have never seen this unique series, be sure and catch up on Seasons 1 and 2 then watch Season 3 with us. Please come tomorrow night for dinner at 5:30 p.m. in the Parish Hall or connect to us on-line at 6:00 p.m. After prayers, we will all watch **Episode 4 "Clean, Part 1" of The Chosen** together. The Apostles are amazed at the power Jesus gave them on their 1st missionary trip to perform miracles, yet struggle to understand what it all means in their lives. Join us.

BLOOD PRESSURE CHECK
Blood Pressure check the weekend of **February 4th & 5th** after all Masses in Mary's Room.

WIDOWS AND WIDOWERS LUNCH

Mardi Gras Feast

February 16, 2023 11:15am Gathering Space
Last names (A-M) Bring Main Dish
Last names (N-Z) Bring Fruit or Green Salad

RSVP AT 816-761-1608 WITH ESERALDA

SUNDAY JANUARY 29
Celebrating our Parish
3:00pm All School Mass
Scholars wear uniforms
Pancake Breakfast to follow
\$5/Individual
\$25/Family
Open House 11:30am-1pm
School set hours

MONDAY JANUARY 30
Celebrating our Community
Scholars may wear Spirit Wear

TUESDAY JANUARY 31
Celebrating our Scholars
Miscellaneous competition!
Scholars are encouraged to get creative with their glass clean night
Mismatch is the theme.
House points will be awarded

WEDNESDAY FEBRUARY 1
Celebrating our Nation
Scholars may dress down showing their American pride. Dress in red, white and blue
Rosary at 1:00pm

THURSDAY FEBRUARY 2
Celebrating our Vocations
Dress up for God!
Scholars should wear nice dress-up clothes. Jeans are not permitted.
Spelling Bee
Grade 2-4 - 9:45am
Grades 5-8 - 10:30am

FRIDAY FEBRUARY 3
Celebrating our Staff
8th Grade Vs. Teachers
Volleyball game at 2:00pm
8th Graders may bring clothes to change into for the game.

SATURDAY FEBRUARY 4
Celebrating our Families
8th Grade Taco Dinner - 4:30-8pm
\$5/Individual
\$25/Family

2023 Catholic Schools Week

St. Regis ACADEMY
Catholic Liberal Arts Education

Discover all that St. Regis Academy has to offer!

Open House

JANUARY 29, 2023

Student led tours will take place after the Catholic Schools Week mass from 11:30 - 1:00.

RECONCILIATION SERVICE

Make plan now to celebrate the Sacrament of Confession during the season of Lent. All of us are encouraged to join in this sacrament of God's forgiveness in preparation for Easter. The St. Regis/St. Catherine of Siena/Coronation Reconciliation Service will be on **Wednesday, March 29**, at 6:30pm at Coronation of Our Lady in Grandview, MO. **There will be NO Adoration and Confession at St. Regis on that day.**

St. John Francis Regis
CATHOLIC CHURCH
KANSAS CITY, MO

San Juan Régis KC
OUR FACEBOOK

Let God enlighten your Life

Young Adult Bible Study

FRIDAYS 6:30 PM
February 17, 2023

St. Joseph >
Ages 17+ >

MORE INFORMATION: SR. NANCY >
(816)469-9573 >

"Dear young people: Do not be afraid of Christ. He takes nothing away and gives you everything. Open wide the doors to Christ and you will find true life"
~POPE BENEDICT XVI

PARISH: **St. John Francis Regis**
ST. JOSEPH ROOM
8941 James A Reed Road Kansas City, MO 64138

St. John Francis Regis
CATHOLIC CHURCH
KANSAS CITY, MO

HMS

BIBLE STUDY
in English

Start date **February 7th**
Tuesdays and Thursdays
06:00-7:15 pm

Your Word is
A LAMP FOR MY FEET,
a light for my path. Ps. 109: 105

Missionary Sisters Servants of the Word

For more information
816 500 2057
816 469 9573
Mothers HMS

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8941 James A Reed Road Kansas City, MO 64138.

San Juan Régis KC
OUR FACEBOOK

POPE FRANCIS JANUARY PRAYER INTENTION

This month Pope Francis asks us to pray for educators, especially that they may help the youngest and most vulnerable. Educators are on the front lines in helping students who struggle with mental health issues. The increase in mental health challenges affecting their students since the end of the pandemic also impacts the mental health of the educators. In addition to supporting their students, we pray that educators will also recognize when they need to obtain mental health care for themselves.

Gracias

Díacono Sam Adams

Únase a nosotros para agradecer al
Díacono Sam por su servicio durante los
últimos trece años.

Sábado, 4 de febrero
& Domingo 5 de febrero

Recepción en el espacio de reunión
siguiendo a todas las Misas.



**Semana de las Escuelas
Católicas
Desayuno de panqueques
Domingo 29^{de} enero
en el Salón Parroquial**

¡Únase a nosotros para comer panqueques y salchichas de todo lo que pueda comer para dar inicio a la Semana de las Escuelas Católicas!

El costo es de \$ 5 por persona, \$ 25 para familiares inmediatos y niños menores de 2 años comen gratis.



**St. Regis
Rifa Anual 2023**

Uno de nuestros más grandes
¡Recaudaciones de fondos del año!

¿Ya has vendido TUS entradas?

8 premios en metálico:
Un premio de \$1000
Dos premios de \$500
y cinco premios de \$100

Los sorteos se llevarán a cabo después de la
Misa a las 8:30 m del martes 14 de febrero.

No necesitas estar presente para ganar.

Cena de tacos de 8° grado

Sábado, 4 de febrero

4:30pm en el Salón Parroquial
\$6 por persona y \$25 por familia

- ◇ La cena incluye 3 tacos, arroz, frijoles, papas fritas y salsa y una bebida
- ◇ Dessert & Pop se vende por separado por \$1.00



PALMAS A CENIZAS

El Miércoles de Ceniza es el **22 de febrero**. Las cenizas que distribuimos en este día provienen de palmeras viejas. Los próximos fines de semana habrá cestas en el Espacio de Reunión para que coloques tus viejas palmas. Si trae varias palmas, dóblelas y colóquelas en una bolsa de plástico. Gracias por su ayuda.

DIOCESAN NEWS

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse: Call the Missouri Child Abuse Hotline at 1-800-392-3738 (if the victim is currently under the age of 18); Contact your local law enforcement agency or call 911, and after reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Joe Crayon, at 816-812-2500 or crayon@ombudsmankcsj.org, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph. The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Whitney True-Francis, Victim Assistance Coordinator, at 816-392-0011 or true.francis@diocesekcsj.org for more information.

SPIRITUAL ADOPTION

Month 5: Half-way there and just over one pound! If born today, I would have a chance of surviving...with lots of help, of course. Your prayers have helped my mother with her pregnancy and helped her seek the support she needed the past few months since she learned about me.

“See now that I myself am He! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand” Deuteronomy 32:39



Please Remember In Your Prayers: David Berg, Dennis Wadle, Rose Marie Larson, Aidan Jones, Joanne Whitehorse, Denise Kopek, Margie Strobl, Dolores Dick, McCartney Weist, Teresa Foster, Joseph Gregory, Margaret Kelly, Gregory Richard, Phil Hoffman, John Hoffman, Mary Hunter, Teefey Family, Hanger Family, Daniel & Jeneth Hunter, John Stadler, Genevieve Thieme, Pat Filley, Bill Massop, Milton Bryant, Carole McCaffery, Teresa King, JR Lillig, John Minton, Ben Rosenblum, Georgiana Smith, Mary Jill Reid, Rosie Murphy, Kay Nash, Vickie Young, Lou & Terrie Ramsey, Jim Filley, Bobby Washington, Ben Cotter, Andres Foncha, Tom Fournier, Jim Rouchka, Ken Stewart, Juan Godoy, Stephanie Eads, Robert Harvey, Tom Smith, Rick Martin, Julie Boisen, Kathy Gross, Marek Family, Hodge Family, Ernesto Gamboa and the many parishioners who are experiencing situational and financial hardships.

Please Pray for the Repose of the Soul of:

George Maxwell, former parishioner

Please Pray for our parishioners' family members serving in the military: Tyler Griggs, Buck Roberts, Cathy Roberts, Jason Webb, & Troy Fraser

Liturgical Roles
February 4 & 5

Lectors

- 3:00pm Tom Sack & Patty Sack
- 8:30am Ken Stewart & Dave Vorbeck
- 10:30am Terry Colombatto & Elizabeth Divis

Extraordinary Ministers of Holy Communion

- 3:00pm Dorothy Quinn, Alex Pope, Melissa Wiehn
Marvin Chaney
- 8:30am Sherry Falke, Mike Murtha, Pat Hanson
Jane Marzano
- 10:30am Virginia Reyes, Dennis Reilly, John Reyes, Sr.
John Reyes, Jr.

Servers

- 3:00pm Jerry Crowley
- 8:30am Ryan Holst
- 10:30am Kai Townsend & Betty Banlomon

Greeters

- 3:00pm Mary Warren & Manuel Botello
- 8:30am Maxine Rodriguez & Joan Sack
- 10:30am Elaine Allee & Alfred DeSouza

Mass Intentions

Tuesday, January 31

†Tony Reyes by George & Teri Weiter

Wednesday, February 1

†Ricardo Reyes Rodriguez by Family

Thursday, February 2

†Ricardo Reyes Rodriguez by Family

Friday, February 3

†Carol Ann Reilly by Family

Saturday, February 4

3:00pm Deceased Members of the Ramsey & Gumbs Families

Sunday, February 5

- 8:30am †Rita Cloer by Joe & Sharon Smith
- 10:30am †Siggy Koop by Bill Esser
- 5:00pm People of St. John Francis Regis Parish

BULLETIN DEADLINE

The deadline to put announcements in the bulletin is 8am on Tuesday prior to the following Sunday. Send announcements to cmelchior@regischurch.org

SELF CARE

We often talk about the advantages of practicing selfcare and how it can boost your mental health and wellbeing. With COVID-19 changing the way we do most things, it's no surprise that how we do self-care has changed too. The pandemic has also made it especially important to check in with yourself and your mental health. Your self-care plan does not have to be extravagant or expensive, but it should serve as an investment in your long-term wellness. It should help you safely alleviate stress and recenter yourself.

Mental Health Resource Numbers National Suicide Prevention Lifeline 1-800-273-TALK (8255) Available 24/7 Or call or text 988
ACI Mental Health Crisis Hotline 1-888-279-8188 Available 24/7, Multilingual

CUIDADO PERSONAL

Hablamos mucho sobre las ventajas de practicar el cuidado personal y cómo puede mejorar su salud mental y su bienestar. Con COVID-19 cambiando la forma en que hacemos la mayoría de las cosas, no sorprende que la forma en que nos cuidamos también haya cambiado. La pandemia también ha hecho que sea especialmente importante controlarse a sí mismo y a su salud mental. Su plan de cuidado personal no tiene que ser extravagante ni costoso, pero debe servir como una inversión en su bienestar a largo plazo. Debería ayudarlo a aliviar el estrés de manera segura y volver a concentrarse.

Números de Recursos de Salud Mental Línea Nacional para la Prevención del Suicidio 1-800-273-TALK (8255) Disponible 24/7 O llame o envíe un mensaje de texto al 988

Línea Directa de Crisis de Salud Mental ACI 1-888-279-8188 Disponible 24/7, multilingüe

Schedule of Events

Sunday, January 29

- 8:30am Mass
- 9:00am Pancake Breakfast
- 10:30am Mass/All School
- 11:30am Academy Open House
- 11:30am Adoration
- 5:00pm Mass/Spanish

Monday, January 30

- 5:30pm Bible Class/Sp
- 5:45pm Feed Your Faith
Culver's Night

Tuesday, January 31

- 8:30am Mass
- 9:30am Faith Enrichment
- 6:30pm Rosary
- 7:00pm Bible Class/Sp
- 7:00pm Neocatechumenal Way

Wednesday, February 1

- 8:30am Mass
- 6:00pm Adoration/Confessions
- 6:00pm School of Religion
- 6:00pm Pre & Confirmation
- 6:00pm Bible Class/Sp

Thursday, February 2

- 8:30am Mass
- 9:30am Scripture Sharing
- 6:00pm Praise Team
- 6:30pm Bible Class/Sp
- 7:00pm Boys Scouts
- 7:00pm Choir Rehearsal
- 7:00pm OCIA

Friday, February 3

- 8:30am Mass
- 6:00pm Bible Class/Sp

Saturday, February 4

- Name Tag Sunday
- 8:30am Mass/1st Saturday
- 2:00pm Confessions
- 3:00pm Mass
- Taco Dinner

Sunday, February 5

- Name Tag Sunday
- 8:30am Mass
- 9:30am Ladies Auxiliary
- 10:30am Mass
- 11:30am Adoration
- 5:00pm Mass/Spanish

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